Progressive Laser LLC

"Science enhancing Beauty..."

**Pre and Post Treatment Instructions for Skin Tightening**

*For best results, please follow these instructions*

Prior to treatment:

* Wear SPF 30 or more, and avoid the sun for at least 48 hours before.
* Do not use any skin care products such as prescription acne topicals, Retin-A or any face cream supplement that contains Hydroquinone for one week prior to treatment.
* Do not use self-tanning lotions or tanning booths at least two weeks prior to your laser treatment. Any client arriving with a tan or a sunburn will be rescheduled due to sensitivity of the procedure to altered skin color and for the sake of your own safety.

Post Treatment:

* You may have mild swelling for 1-3 days after your treatment.
* Redness for 2-3 days is common.
* Avoid prolonged sun exposure or use of tanning beds for one week after a treatment.
* Use a minimum of SPF 30 to protect your skin after your treatment.
* Moisturize
* Makeup may be applied.

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